Welcome To Downey Unified's California Healthy Youth Act "Teen Talk" Parent Information Night
What is the CHYA?

“The California Healthy Youth Act, which took effect January 1, 2016, requires school districts to provide students with integrated, comprehensive, accurate, and inclusive comprehensive sexual health education and HIV prevention education, at least once in high school and once in middle school. The California Healthy Youth Act made other significant changes to previous Education Code (EC) requirements for both HIV prevention education and comprehensive sexual health education....”

https://www.cde.ca.gov/ls/he/se/faq.asp
1. To provide pupils with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.

2. To provide pupils with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage and family.

3. To promote understanding of sexuality as a normal part of human development.

4. To ensure pupils receive integrated, comprehensive, accurate and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.

5. To provide pupils with the knowledge and skills necessary to have healthy, positive and safe relationships and behaviors.
TEEN TALK CURRICULUM REVIEW

The following information is provided for parents to help them understand how sexual health education is taught in the Downey Unified School District. We want to help you make an informed decision about your child's education. Thank you for taking the time to thoroughly read the fact and information sheet.

Downey Unified CYHA Facts & Information For Parents

- The California Healthy Youth Act of 2016, which requires students to receive sexual health education.
- A notification letter is sent to parents at the beginning of the semester and at least two weeks prior to the CYHA curriculum material is taught.
- Parents may opt-out of the California Healthy Youth Act (CYHA) curriculum.
- You may excuse your child from CYHA instruction, either in its entirety or select sections, by providing a written note in your preferred language to your child’s principal by dropping off the note in the front office. The note should simply state that you are excusing your child from the instruction, include and print your child’s first and last name, your first and last name, and your child’s grade level. There is no need for any explanation or reason for the decision to be stated.
- If you choose to opt-out of your child’s portion or the entire CYHA curriculum, they will not receive credit for missing the instruction and a separate, unrelated educational curriculum will be taught to those who have chosen to opt-out of a portion or all of the CYHA curriculum.
- The California Healthy Youth Act opt-out provision only applies to what is taught within those 10-12 sessions of instruction, it does not affect the instruction or materials outside the context of CYHA.
- Downey Unified will not be implementing the CYHA curriculum at the elementary level. It will only be taught at the secondary level: once in middle school and once in high school.

For additional information, please visit: https://www.ca.doe.ca.gov/hea/wf/leg.asp

Downey Unified CYHA Review Timeline:

- November 2016 - Downey Unified was notified by ALCU of CYHA non-compliance.
- September 2018 - Downey Unified sent LA County Office of Educ. representatives to view all completed curricula and learn adoption process.
- September 2018 - A committee of teachers and counselors met to review proposed curriculum and voted on one that best fit Downey Unified’s student population and culture.
- March 2019 - A formal presentation was given to the Board of Education, presenting “Teen Talk” as the proposed curriculum selected by the committee.
- April 2019 - August 2019 - “Proposed curriculum,” “Teen Talk,” made available for all parents to review after being published in the local paper. Two parent information meetings, one middle and one high school, were held in May to explain CYHA, answer questions and gain feedback.
- June 2019 - July 2019 - August 2019 - Formal presentation was given during each month’s board meetings to review and discuss the proposed curriculum, “Teen Talk”.
- August 28, 2019 - Board Parent Information Night to hold same curriculum review and adoption process as well as provide another opportunity to review of “Teen Talk” material.
- September 9, 2019 - The Board of Education will review and possibly adopt the proposed curriculum with no proposed timeline for implementation this semester.
- 2019-2020 - Once Board approved, curriculum will be purchased and training for all teachers who will facilitate this instruction will begin.

La siguiente información se presenta a los padres para ayudar a entender sobre la educación de salud sexual es enseñado en el Distrito Escuela Unificadas de Downey. Nuestros guiones ayudan a tener una decisión informada acerca de la elección de CYHA. Gracias por tomar el tiempo para leer este Hija de datos e información.

Datos e Información para los Padres de DUSD sobre la Ley del 2016 Jóvenes Saludables de California (CYHA):

- La Ley del 2016 de Jóvenes Saludables de California, requiere que los estudiantes reciban educación de salud sexual.
- Una carta de notificación será enviada a los padres al comienzo del semestre y al menos dos semanas antes de que el material del curso de CYHA se enseñe.
- Los padres pueden optar no participar en el plan de estudios de la Ley de Jóvenes Saludables de California (CYHA).
- Ustedes pueden excusar a su hijo de la instrucción de CYHA, ya sea completando 6 de secciones seleccionadas, proporcionando una nota escrita en su idioma preferido al Director de la escuela en su hijo. Seleccionar esta nota o a la escuela principal de la escuela. La nota debe estar firmada por el padre de la escuela en la que su hijo atiende y, si es necesario, se debe entregar un periódico o servicio de impresión de la escuela en su idioma preferido.
- Si usted escoge optar por que su hijo no participa de una porción de la instrucción de la instrucción completa del CYHA, el hija no recibirá crédito por faltar a esta instrucción y un currículo alternativo separado no relacionado, será ensalado para que aquellos que escogen optar por no participar en una porción de la instrucción total del CYHA.
- La provisión de la Ley de Jóvenes Saludables de California para optar por no participar, se aplica únicamente a lo que se enseña dentro de esos 10-12 sesiones de instrucción. No se aplica a la instrucción a los materiales fuera del contexto del CYHA.
- El Distrito de Downey no estará implementando el currículo de CYHA al nivel de primaria; será implementado al nivel secundaria una vez en la escuela intermedia y una vez en la escuela preparatoria.

Para información adicional, visite: https://www.ca.doe.ca.gov/hea/wf/leg.asp

Fecha de Remisión de CYHA por parte del Distrito Uniformado:

- Noviembre 2016: Downey Unified fue notificado por ACLU del incumplimiento de CYHA.
- Septiembre 2018: Downey Unified cumplió con el representante de educación de la Oficina de Educación de Los Ángeles para revisar todas las partes del currículo y aprender el proceso de adopción de la ley.
- Diciembre del 2018: Un comité de maestros y consejeros revisó el currículo propuesto y votaron en un que mejor se ajusta a la población y cultura de Downey Unified.
- Marzo 2019: Una presentación formal fue hecha en la Junta de Educación del Distrito, presentando “Teen Talk” como el currículo propuesto seleccionado por el comité de revisión y consejo.
- A fecha de octubre de 2019, Downey Unified adoptó el currículo para la implementación de la escuela.
- Todos los padres fueron notificados, después de haber sido publicados en el periódico local. Dos reuniones de maestros y consejeros con la información y la oportunidad de discutir los temas, se realizaron en mayo para explicar CYHA, responder preguntas y solicitar la opinión de los padres.
- En junio, julio y agosto de 2019, se llevó a cabo una presentación formal con las reuniones informales de la Junta.
- Agosto 28, 2019: La Junta ofreció su tiempo a padres y estudiantes para revisar el material del currículo de “Teen Talk”.
- Septiembre 9, 2019: La Junta de Educación revisó posiblemente adoptar el currículo propuesto en un calendario propuesto para la aplicación este semestre.
- 2019-2020: Después de la aprobación de la Junta de Educación, el currículo comenzará a ser implementado y se ofrecerá una formación para el entrenamiento de todos los maestros, quienes realizarán el comienzo de esta instrucción.
“California Education Code 51938:
(a) A parent or guardian of a pupil has the right to excuse their child from all or part of comprehensive sexual health education, HIV prevention education, and assessments related to that education through a passive consent (“opt-out”) process.”

http://leginfo.legislature.ca.gov

⇒ Parents simply need to submit a note to their school prior to instruction.
AB 329 passed in 2015 and enacted as law Jan. 1, 2016.

- Met with LA County Office of Education representative to view curricula and learn adoption process.
- Formal recommendation to Board of Education to review “Teen Talk”.
- Parent information meetings held for HS and MS on 5/20 and 5/22.
- Parent review meeting and display of curriculum.
- Pending approval, curriculum will be purchased and teacher trainings will take place.

1/1/16 Notification of non-compliance from ACLU sent to DUSD.
11/23/16 Dec. 12, 2018 DUSD Review Committee meets to review curricula.
9/28/18 Curriculum on display for ongoing public viewing at the district office.
12/12/18 June, July, Aug, 2019
3/12/19 4/29/19 – Current
5/2019 8/29/19 9/9/19
2019-2020
8/29/19
9/9/19
2019-2020
Planned formal recommendation of approval for curriculum.

Formal review and discussion of “Teen Talk” at board meetings.
In meeting the California Healthy Youth Act, our instruction will:

- Be age appropriate, objective and medically accurate
- Be appropriate for students of all races, genders, sexual orientations, and reflect the ethnic and cultural backgrounds of our community
- Encourage students to communicate with their parents/guardians and other trusted adults about human sexuality and HIV/sexually transmitted infection prevention
- Not go beyond the scope of the law nor will it include any supplemental materials not included within “Teen Talk”
# TEEN TALK CURRICULUM REVIEW

## Implementation

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<thead>
<tr>
<th></th>
<th>Elementary</th>
<th>Middle School</th>
<th>High School</th>
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<tbody>
<tr>
<td><strong>What Is Taught?</strong></td>
<td></td>
<td>&quot;Teen Talk&quot;</td>
<td></td>
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<tr>
<td><strong>Who Teaches It?</strong></td>
<td></td>
<td>Science Teachers</td>
<td>Health Teachers</td>
</tr>
<tr>
<td><strong>Where Is It Taught?</strong></td>
<td></td>
<td>7th Grade Science Class</td>
<td>Health Class (varies 9-12)</td>
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<tr>
<td><strong>How Are Parents Notified?</strong></td>
<td>NO CHYA material is being implemented.</td>
<td>Information in Student-Parent Handbook</td>
<td>Information in Student-Parent Handbook</td>
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<td>Letter home at beginning of school year</td>
<td>Letter home at beginning of school year</td>
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<td>Letter home 2 weeks prior to instruction</td>
<td>Letter home 2 weeks prior to instruction</td>
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Material Review

Binders and PowerPoint presentations are available for review in the Teacher Training Center (TTC) next door.

### Middle School Topics

1. Introduction  
2. Sexual & Reproductive Anatomy  
3. Sexual Identity  
4. Not Having Sex: Abstinence  
5. Birth Control  
6. Pregnancy Options  
7. Sexually Transmitted Infections  
8. Relationships  
9. Body Image and the Media  
10. Sexual Violence Prevention  
11. Communication and Decision Making  
12. Review

### High School Topics

1. Introduction  
2. Sexual & Reproductive Anatomy  
3. Sexual Identity  
4. Birth Control  
5. Pregnancy Options  
6. Sexually Transmitted Infections  
7. Relationships  
8. Sexual Violence Prevention  
9. Abstinence, Sex, and Decision Making  
10. Sex in the Media  
11. Review
Question Cards

Please fill out your questions and concerns on the cards provided. All question cards will be copied and presented to the School Board.