

# Community Resources for DUSD Students and Families

| <b>Los Angeles County Department of Mental Health</b>   |  |
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| <p><i>Services included for emergencies:</i></p> <ul style="list-style-type: none"> <li>• Screening</li> <li>• Assessment</li> <li>• Referral</li> <li>• Crisis counseling</li> </ul>   | <p><i>Telephone:</i><br/>(800)-854-7771</p>  |
| <b>True Lasting Connection (DUSD)</b>   |  |
| <p><i>Services include:</i></p> <ul style="list-style-type: none"> <li>• Referral services (connections to outside agencies)</li> <li>• Medical/vision/dental services</li> <li>• Parental education</li> <li>• Low cost health insurance enrollment</li> <li>• Counseling/support groups</li> <li>• Homeless support</li> </ul>  | <p><i>Address:</i><br/>13220 Bellflower Blvd.<br/>Downey, CA 90242</p> <p><i>Telephone:</i><br/>(562) 904-3577</p>               |
| <b>Community Family Guidance Center</b>   |  |
| <p><i>Services include:</i></p> <ul style="list-style-type: none"> <li>• Individual and family counseling</li> <li>• Referral services</li> <li>• Parenting education</li> </ul>  | <p><i>Address:</i><br/>10929 South St. Suite 208-B<br/>Cerritos, CA 90701</p> <p><i>Telephone:</i><br/>(562) 924-5526</p>        |
| <b>Helpline Youth Counseling</b>  |  |
| <p><i>Services include:</i></p> <ul style="list-style-type: none"> <li>• Toll-Free Hotline for peers to speak with other trained peer volunteers in crisis - (877) 541-2525</li> <li>• Delinquency intervention/prevention services</li> <li>• Drug/alcohol abuse and therapeutic services</li> <li>• Gang intervention/prevention services</li> <li>• Family and child abuse/neglect services</li> </ul> | <p><i>Address:</i><br/>12440 E. Firestone Blvd. Suite 1000<br/>Norwalk, CA 90650</p> <p><i>Telephone:</i><br/>(562) 864-3722</p> |
| <b>The Whole Child</b>  |  |
| <p><i>Services include:</i></p> <ul style="list-style-type: none"> <li>• Outpatient mental health services</li> <li>• Crisis intervention services</li> <li>• Individual counseling</li> </ul>  | <p><i>Address:</i><br/>10155 Colima Rd.<br/>Whittier, CA 90603</p> <p><i>Telephone:</i><br/>(562) 692-0383</p>                   |

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| <b>San Antonio Mental Health</b>   |  |
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| <p><i>Services include:</i></p> <ul style="list-style-type: none"> <li>• Outpatient mental health services</li> <li>• Individual counseling</li> </ul>   | <p><i>Address:</i><br/>2629 Clarendon Ave.<br/>Huntington Park, CA 90255</p> <p><i>Telephone:</i><br/>(323) 584-3700</p>             |
| <b>Pacific Clinics</b>   |  |
| <p><i>Services include:</i></p> <ul style="list-style-type: none"> <li>• Individual and family counseling</li> </ul>   | <p><i>Address:</i><br/>11731 E. Telegraph Rd. Bldg. G<br/>Santa Fe Springs, CA 90670</p> <p><i>Telephone:</i><br/>(877) 722-2737</p> |
| <b>Alma Family Services</b>  |  |
| <p><i>Services include:</i></p> <ul style="list-style-type: none"> <li>• Behavioral support for families of children/adolescents with significant emotional problems</li> <li>• Support to students with developmental disabilities (at specific locations)</li> <li>• Intervention/Aquatic programs for the special needs of infants to seniors (at specific locations)</li> <li>• Family and peer support group</li> </ul> | <p><i>Address:</i><br/>9101 Whittier Blvd.<br/>Pico Rivera, CA 90660</p> <p><i>Telephone:</i><br/>(562) 801-4626</p>                 |
| <b>LA Hopes and Opportunities Program (LA HOP) by Telecare Corporation</b>   |  |
| <p><i>Services include:</i></p> <ul style="list-style-type: none"> <li>• Full Service Partnership (community-based wraparound services for those with mental health disabilities)</li> <li>• Individual counseling</li> </ul>  | <p><i>Address:</i><br/>9901 Artesia Blvd.<br/>Bellflower, CA 90706</p> <p><i>Telephone:</i><br/>(562) 484-3385</p>                   |
| <b>South Central Los Angeles Regional Center</b>   |  |
| <p><i>Services include:</i></p> <ul style="list-style-type: none"> <li>• Evaluation for children/students with developmental disabilities (autism, cerebral palsy, epilepsy, intellectual disability) in order to determine if they qualify for services (Prevention Resource and Referral Services)</li> <li>• Support groups for families</li> <li>• Referral Services</li> </ul>  | <p><i>Address:</i><br/>650 W. Adams Blvd #200<br/>Los Angeles, CA 90007</p> <p><i>Telephone:</i><br/>(213) 744-7000</p>              |

# **Community Resources for DUSD Students and Families**

## **Local PET Team and Crisis Contacts**

PET Team for Downey Area: 562-467-0209

LACOE Crisis Intervention: 213-241-2174 (Ailleth Tom)

LACOE Suicide Intervention: 213-241-1259 (Richard Lieberman)

DMH START Team for Los Angeles County: 213-738-4924 and 213-738-3412

Didi Hirsch Suicide Prevention Center: 1-877-727-4747

## **TEEN LINE**

1-800-TLC-TEEN (1-800-852-8336)

6pm to 10pm, Pacific Standard Time

## **National Suicide Hotlines**

1-800-273-8255

1-800-628-9454 (Spanish)

## **Suicide.org**

1-800-SUICIDE (1-800-784-2433)

1-800-273-TALK (1-800-273-8255)

## **GLBTO Teen Line**

1-888-246-7743

1-866-488-7386

## **Acute Mental Health Facilities**

College Hospital Cerritos: 562-924-0099

Bellflower Medical Center: 562-925-8355

La Casa Psychiatric Facility Long Beach: 562-630-8672

## **Local Mental Health Clinics/Counseling**

Rio Hondo MHC Cerritos: 562-402-0688

Providence Community Services of Downey: 562-207-4272

Jewish Family and Children's Services of Long Beach: 562-427-7916

My Life Youth and Family Services Downey: 562-862-8811

For more mental health resources, visit:

<http://www.mentalhealth.gov/talk/parents-caregivers/>