

*Downey High School  
Summer Sports Camps  
2019*



*Downey High Summer Camp  
Orientation*

*Monday June 3, 2018*

*9:00 am—10:00 am*

*Downey High School Gym*

*11040 Brookshire Ave. Downey, CA 90241*

*Come be a part of the summer athletic  
camps offered at Downey High School*

*Please visit the Downey High School Website for  
all information pertaining to Athletics:*

- Schedules*
- 2019-2020 Athletic Clearance Directions*
- Summer and tryout information*

*PHYSICAL EXAMS*

- Full Clearance for Athletics*
- \$20*
- 9:00am-11:00am*

## Summer Athletic Programs

Athletic Director: Mark Rand  
562-869-7301 ext. 5489  
[mrand@dusd.net](mailto:mrand@dusd.net)

\*\*\*SUMMER\*\*\*  
\*\*SCHOOL\*\*  
1st session -- 8:00am - 10:30am  
2nd Session -- 11:00am - 1:30pm

**Football** Coach: Jack Williams  
email: [jwilliams@dusd.net](mailto:jwilliams@dusd.net)

1st Session **Start:** Mon-Thurs June 24 - Aug. 2 3-6 PM

Incoming 9th graders & JV June 24 - Aug 2 2-5 PM

**Mandatory Parent meeting July 25th @ 7:00pm**

**Girls' Volleyball** Coach: Bob McCarthy  
email: [rmccarthy@dusd.net](mailto:rmccarthy@dusd.net)

**Summer Camps:**

<i>Girls' Camp #1</i>	<b>July 8-12</b>	<b>COST: \$90</b>	<b>7-10 AM</b>
<i>Girls' Camp #2</i>	<b>July 15-18</b>		<b>7-10 AM</b>
<i>Girls Camp #3</i>	<b>July 22-25</b>		<b>7-10 AM</b>
<i>Girls Elem/Middle School</i>	<b>July 15-18</b>	<b>COST: \$90</b>	<b>10:15-12:15</b>
<b>TRYOUTS - ALL LEVELS</b>	<b>26-Jul</b>		<b>7:30-10AM</b>

High School Camps includes M-W-F conditioning and strength training  
\*\*HIGH SCHOOL CAMP STARTS on Tu/Thurs. at 7:30 a.m.

**Beach Camp** --- July 8-12, 22-25 10:15-12:00pm

**Boys' Volleyball** JULY 15-18 COST: \$90 10:15-12:30

**Girls' Tennis** Coach: Micah Karzen  
email: [mkarzen@dusd.net](mailto:mkarzen@dusd.net)

Camp: June 4-6 (3-5pm) & June 10-13 (3-5pm)  
Practice: Begins August 5 (time:TBA)

**Tryouts June 3 1-3pm** Tennis Courts

**Girls' Basketball** Coach: Nate Harris  
email: [nharris@dusd.net](mailto:nharris@dusd.net)

**Start:** Friday 31-May  
**End** Sunday July 21

Incoming Freshmen Tryouts: May 31, 4pm and June 1, 8am  
Location: Gym

**Boys' Tennis** Coach: Byung Park  
email: [bpark@dusd.net](mailto:bpark@dusd.net)

**Start:** 6/18/19 Tuesdays and Thursdays  
**End:** 7/25/19 4:00pm - 6:00pm

Downey High School Tennis Courts

**Cheer** Advisor: Ashley Rauls  
email: [arauls@dusd.net](mailto:arauls@dusd.net)

<b>Start:</b> June 3 & 5	12-3pm	Aug. 5 & 7	12-3pm
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**Tryouts 5/3/2019**

June 10 & 12	12-3pm
June 17 & 19	12-3pm
June 24 & 26	12-3pm

Cheer Camp: July 24 -27

**Dance Team** Advisor: Leslie Patterson  
email: [lpatterson@dusd.net](mailto:lpatterson@dusd.net)

**Mandatory Tryout Meeting** **New Team Technique classes**

<b>Start:</b> July 9th	9am-12pm
<b>End:</b> July 25th	Tues-Th only

**May 17 @ 7:00 PM in DHS Theatre** July 29-Aug 2 *Team Practice* 9am-12pm  
Aug 5-8 *USA Dance CAMP*

**May 20 - May 24** Aug 12-14 *Team Practice* 1-4pm

**Boys Basketball** Coach: Larry Shelton  
email: [lshelton@dusd.net](mailto:lshelton@dusd.net)

Summer Camp - All levels 4th -9th gr: \$150  
**Start:** June 10 8-10 AM  
**End:** June 27 (M - TH only)

Registration on the 1st day Cost includes: Jersey and Shorts  
Frosh Tryouts June 4-7 9:00am - 12:30pm

Frosh Practice TBA

**Girls' Golf** Coach: Jason Bean  
email: [jabean@dusd.net](mailto:jabean@dusd.net)

Location: Rio Hondo Golf Club  
**Start:** 23-Jul 8:00am-9:30am  
**End** 8-Aug Tues, Weds, Thurs

**Wrestling (Girls' and Boys')** Coach: Roger Rios & Kyle Acevedo  
June 17- August 1 (Mon-Thurs)  
[rrios@dusd.net](mailto:rrios@dusd.net)  
[kacevedo@dusd.net](mailto:kacevedo@dusd.net)

1:30-3:30 (Beginners)  
4:00-6:00 (Advanced - 2 years experience)  
6:15-7:15 (weight room) *Incoming Freshmen & Middle school students welcome*

**\$100 for all**

**Girls' Soccer** Coach: Javier Aguiniga-Campos  
email: [jaguinigacampos@dusd.net](mailto:jaguinigacampos@dusd.net)

**Start:** June 3 info meeting/registration TBA  
July 8-11 incoming players training 10am-12pm  
returning players training 12:30-2pm  
July 15-18 incoming players training 10am-12pm  
returning players training 12:30-2pm  
July 22-25 incoming players training 10am-12pm  
returning players training 12:30-2pm  
July 29-Aug 2 incoming players training 10am-12pm  
returning players training 12:30-2pm

**Baseball** Coach: Jess Gonzalez  
email: [jgonzalez@dusd.net](mailto:jgonzalez@dusd.net)

Summer session June 4, 5, 6 10 AM-12:00 PM

**Girls' Waterpolo** Coach: Uriel Villa  
email: [uvilla@dusd.net](mailto:uvilla@dusd.net)

**Start:** June 18 6-7:30am  
**End:** June 27 Tuesday, Wednesday, Thursday  
Cost \$75

**Boys' Waterpolo** Coach: Uriel Villa  
email: [uvilla@dusd.net](mailto:uvilla@dusd.net)

**Start:** June 18 6-7:30am  
**End:** July 27 Tuesday, Wednesday, Thursday  
Cost \$40

**Boys' Soccer** Coach: Marvin Mires  
Email: [mmires@dusd.net](mailto:mmires@dusd.net)

<b>Summer Camp</b>	<b>Training</b>
June 3 - June 7	June 3 - June 6 10 am - 12 pm
June 10 - June 14	June 10 - June 13 10 am - 12 pm
	June 17 - June 20 8 am - 10 am
8 am - 10 am	June 24 - June 27 8 am - 10 am
	July 8 - July 11 8 am - 10 am
	July 15 - July 18 8 am - 10 am

**Girls' Cross Country** Coach: Bob Gleason  
Email: [rgleason@dusd.net](mailto:rgleason@dusd.net)

**Boys' Cross Country** Coach: Bob Gleason  
[rgleason@dusd.net](mailto:rgleason@dusd.net)

**Start:** TBA  
**End:** TBA

**Girls' Lacrosse** Coach: Marvin Mires  
Email: [mmires@dusd.net](mailto:mmires@dusd.net)

Summer Camp/Training

June 3 - June 6	12 pm - 2 pm
June 10 - June 13	12 pm - 2 pm
June 17 - June 20	10 am - 12 pm
June 24 - June 27	10 am - 12 pm
July 8 - July 11	10 am - 12 pm
July 15 - July 18	10 am - 12 pm

**Softball** Coach: Ed Garcia  
email: [edgarcia@dusd.net](mailto:edgarcia@dusd.net)

<b>Week 1:</b>	June 3-6	12:00 2:00pm
<b>Week 2:</b>	June 10-13	12:00 2:00pm
<b>Week 3:</b>	June 17-20	12:00 2:00pm

Cost is \$15 per day or \$50 per week for summer sessions

**TRY-OUTS for the fall softball class**