

DOWNEY HIGH SCHOOL FALL SPORTS 2019 BY TEAM

Date	Day	Sport	Opponent	Team	Location	Time	Supervision
BOYS' WATER POLO							
8/29	Thurs	Boys' Water Polo	Lakewood	All	Downey	3:15	
8/30	Fri	Boys' Water Polo	Diamond Bar Tourn.	FR	Diamond Bar	TBA	
8/31	Sat	Boys' Water Polo	Diamond Bar Tourn.	FR	Diamond Bar	TBA	
9/4	Wed	Boys' Water Polo	Pacifica	All	Downey	3:00	
9/6	Fri	Boys' Water Polo	Segerstrom Tourney	V	Segerstrom	TBA	
9/7	Sat	Boys' Water Polo	Segerstrom Tourney	V	Segerstrom	TBA	
9/10	Tues	Boys' Water Polo	Peninsula	All	Downey	3:15	
9/13	Fri	Boys' Water Polo	Downey JV Tourn.	JV	Downey	TBA	
9/14	Sat	Boys' Water Polo	Downey JV Tourn.	JV	Downey	TBA	
9/17	Tues	Boys' Water Polo	Pioneer	All	Downey	3:15	
9/18	Wed	Boys' Water Polo	Los Amigos	All	Downey	3:15	
9/26	Thurs	Boys' Water Polo	Whittier	All	Downey	3:15	
9/30	Mon	Boys' Water Polo	Montebello	All	Downey	3:15	
10/1	Tues	Boys' Water Polo	Gahr	All	Downey	3:15	
10/3	Thurs	Boys' Water Polo	Brea Olinda	All	Downey	3:15	
10/4	Fri	Boys' Water Polo	Diamond Bar Tourn.	FR	Diamond Bar	TBA	
10/5	Sat	Boys' Water Polo	Diamond Bar Tourn.	FR	Diamond Bar	TBA	
10/8	Tues	Boys' Water Polo	Paramount	All	Downey	3:15	
10/11	Fri	Boys' Water Polo	Downey Var Tourney	V	Downey	TBA	
10/12	Sat	Boys' Water Polo	Downey Var Tourney	V	Downey	TBA	
10/15	Tues	Boys' Water Polo	La Mirada	All	Downey	3:15	
10/29	Tues	Boys' Water Polo	Warren	All	Warren	3:15	
FOOTBALL							
8/16	Fri	Football	Cathedral (Scrim)	V	Downey	7:00	
8/23	Fri	Football	Corona Del Mar	V	Newport Beach	7:00	
8/30	Fri	Football	Kapolei High School	V	Kapolei High	7:00	
9/6	Fri	Football	Locke	V	Downey	7:00	
9/13	Fri	Football	Bye	V	Bye	BYE	
9/20	Fri	Football	Alemanya	V	Downey	7:00	
9/27	Fri	Football	Hart	V	College Canyons	7:00	
10/3	Thurs	Football	Gahr	V	Gahr	7:00	
10/11	Fri	Football	Paramount	V	Downey	7:00	
10/18	Fri	Football	Dominguez	V	Dominguez	7:00	
10/25	Fri	Football	Lynwood	V	Downey	7:00	
11/1	Fri	Football	Warren	V	Warren	7:00	
8/16	Fri	Football	Cathedral (Scrim)	JV	Downey	6:00	
8/22	Thurs	Football	Corona Del Mar	JV	Downey	3:15	
8/29	Thurs	Football	BYE	JV	BYE	BYE	
9/5	Thurs	Football	Locke	JV	Locke	3:15	
9/12	Thurs	Football	Marshall	JV	Marshall	3:30	
9/19	Thurs	Football	Alemanya	JV	Alemanya	3:15	
9/26	Thurs	Football	Hart	JV	Downey	3:15	
10/3	Thurs	Football	Norwalk	JV	Downey	3:15	

10/10	Thurs	Football	Paramount	JV	Paramount	3:15	
10/17	Thurs	Football	TBA	JV	TBA	TBA	
10/24	Thurs	Football	Montebello	JV	Montebello	3:15	
10/31	Thurs	Football	Warren	JV	Downey	3:15	
8/16	Fri	Football	Cathedral (Scrim)	F	Downey	5:00	
8/22	Thurs	Football	Corona Del Mar	F	Corona Del Mar	3:15	
8/29	Thurs	Football	BYE	F	BYE	BYE	
9/5	Thurs	Football	Locke	F	Locke	3:15	
9/13	Thurs	Football	Fountain Valley	F	Downey	3:15	
9/19	Thurs	Football	Aleman	F	Downey	3:15	
9/27	Fri	Football	Hart	F	College Canyons	4:15	
10/3	Thurs	Football	Gahr	F	Gahr	3:15	
10/10	Thurs	Football	Paramount	F	Downey	3:15	
10/17	Thurs	Football	Dominguez	FS	Dominguez	3:15	
10/24	Thurs	Football	Lynwood	F	Downey	3:15	
10/31	Thurs	Football	Warren	F	Warren	3:15	

GIRLS' GOLF

8/26	Mon	Girls' Golf	Mayfair	V	Lakewood	2:00	
8/27	Tues	Girls' Golf	LB Poly	V	Rio Hondo	3:00	
8/29	Thurs	Girls' Golf	LB Poly	V	Rec Park	2:30	
9/3	Tues	Girls' Golf	Cerritos	V	Rio Hondo	3:00	
9/3	Tues	Girls' Golf	Santa Fe	JV	Pico Rivera	2:00	
9/5	Thurs	Girls' Golf	El Rancho	V	Whittier Narrows	2:30	
9/9	Mon	Girls' Golf	Santa Fe	JV	Los Amigos	3:00	
9/10	Tues	Girls' Golf	Gahr	V	Rio Hondo	3:30	
9/12	Thurs	Girls' Golf	Warren	JV	Los Amigos	2:45	
9/12	Thurs	Girls' Golf	Cal High	V	Rio Hondo	3:00	
9/16	Mon	Girls' Golf	Cerritos	V	Lakewood	2:30	
9/17	Tues	Girls' Golf	Warren	JV	Los Amigos	2:15	
9/17	Tues	Girls' Golf	Whittier	V	Rio Hondo	3:30	
9/19	Thurs	Girls' Golf	La Serna	V	Friendly Hills	3:00	
9/23	Mon	Girls' Golf	Cal High	JV	Los Amigos	3:00	
9/23	Mon	Girls' Golf	Mayfair	V	Rio Hondo	3:30	
9/24	Tues	Girls' Golf	La Serna	JV	Los Amigos	3:00	
9/24	Tues	Girls' Golf	Santa Fe	V	Rio Hondo	3:00	
9/26	Thurs	Girls' Golf	Warren	V	Rio Hondo	3:00	
10/1	Tues	Girls' Golf	Gahr	V	La Mirada	3:00	
10/2	Wed	Girls' Golf	La Serna	JV	Don Knabe	2:30	
10/3	Thurs	Girls' Golf	El Rancho	V	Rio Hondo	3:00	
10/7	Mon	Girls' Golf	Cal High	JV	La Mirada	1:30	
10/7	Mon	Girls' Golf	Warren	V	Rio Hondo	3:00	
10/8	Tues	Girls' Golf	Cal High	V	La Mirada	1:30	
10/9	Wed	Girls' Golf	Whittier	V	Whittier Narrows	TBA	
10/16	Wed	Girls' Golf	La Serna	V	Rio Hondo	3:30	
10/17	Thurs	Girls' Golf	Santa Fe	V	Los Amigos	2:45	
10/22	Tues	Girls' Golf	SGVL Prelims	V	Los Amigos	12:40	
10/23	Wed	Girls' Golf	SGVL Finals	V	Rio Hondo	1:00	

GIRLS' TENNIS

8/29	Thurs	Girls' Tennis	Santa Fe	V/JV	Downey	3:00	
9/3	Tues	Girls' Tennis	Lakewood	V/JV	Lakewood	3:15	
9/5	Thurs	Girls' Tennis	LB Wilson	V/JV	Downey	3:15	
9/12	Thurs	Girls' Tennis	Millikan	V/JV	Downey	3:00	
9/13	Fri	Girls' Tennis	El Rancho	V/JV	Downey	3:00	
9/24	Tues	Girls' Tennis	Dominguez	V/JV	Dominguez	3:00	
9/26	Thurs	Girls' Tennis	Lynwood	V/JV	Lynwood	3:00	
9/27	Fri	Girls' Tennis	Warren	V/JV	Downey	3:00	
10/1	Tues	Girls' Tennis	Gahr	V/JV	Gahr	3:00	
10/3	Thurs	Girls' Tennis	Paramount	V/JV	Paramount	3:00	
10/4	Fri	Girls' Tennis	Dominguez	V/JV	Downey	3:00	
10/8	Tues	Girls' Tennis	Lynwood	V/JV	Downey	3:00	
10/10	Thurs	Girls' Tennis	Warren	V/JV	Warren	3:00	
10/11	Fri	Girls' Tennis	Gahr	V/JV	Gahr	3:00	
10/15	Tues	Girls' Tennis	Paramount	V/JV	Downey	3:00	
10/17	Thurs	Girls' Tennis	Dominguez	V/JV	Dominguez	3:00	
10/18	Fri	Girls' Tennis	Lynwood	V/JV	Lynwood	3:00	
10/21	Mon	Girls' Tennis	Paramount	V/JV	Paramount	3:00	
10/22	Tues	Girls' Tennis	Warren	V/JV	Downey	3:00	
10/24	Thurs	Girls' Tennis	Gahr	V/JV	Downey	3:00	
10/29	Tues	Girls' Tennis	SGVL Singles Tour.	V	Warren	1:00	
10/30	Wed	Girls' Tennis	SGVL Doubles Tour.	V	Warren	1:00	
10/31	Thurs	Girls' Tennis	SGVL Finals	V	Warren	1:00	
10/31	Thurs	Girls' Tennis	SGVL JV Finals	JV	Downey	1:00	

JV Tennis -- plays same time, opposite site

GIRLS' VOLLEYBALL

8/17	Sat	Girls' Volleyball	Molten Tourney	V	Downey	8:30	
8/22	Thurs	Girls' Volleyball	Molten Tourney	V	Downey	4 & 6:30	
8/24	Sat	Girls' Volleyball	Molten Tourney	V	Downey	8:30	
8/27	Tues	Girls' Volleyball	Garden Grove	V/JV/F	Garden Grove	3:15	
8/29	Thurs	Girls' Volleyball	La Serna	V/JV/F	Downey	3:15	
9/4	Wed	Girls' Volleyball	Norwalk	V/JV/F	Downey	3:15	
9/10	Tues	Girls' Volleyball	Marina	V/JV/F	Downey	3:15	
9/12	Thurs	Girls' Volleyball	Gahr	V/JV/F	Gahr	3:15	
9/13	Fri	Girls' Volleyball	Whittier Tourney	V	Whittier	2:00	
9/14	Sat	Girls' Volleyball	Whittier Tourney	V	Whittier	8:00	
9/17	Tues	Girls' Volleyball	Paramount	V/JV/F	Downey	3:15	
9/19	Thurs	Girls' Volleyball	Dominguez	V/JV	Dominguez	3:15	
9/21	Sat	Girls' Volleyball	Whittier Tourney	JV	Whittier	8:00	
9/24	Tues	Girls' Volleyball	Lynwood	V/JV/F	Lynwood	3:15	
9/26	Thurs	Girls' Volleyball	Warren	F/JV/V	Warren	6:00(V)	
9/28	Sat	Girls' Volleyball	Whittier Tourney	FR	Whittier	8:00	
10/1	Tues	Girls' Volleyball	Gahr	V/JV/F	Downey	3:15	
10/3	Thurs	Girls' Volleyball	Paramount	V/JV/F	Paramount	3:15	
10/8	Tues	Girls' Volleyball	Dominguez	V/JV	Dominguez	3:15	
10/10	Thurs	Girls' Volleyball	Lynwood	V/JV/F	Lynwood	3:15	

10/15	Tues	Girls' Volleyball	Warren	F/JV/V	Downey	6:00(V)	
10/22	Tues	Girls' Volleyball	CIF Playoffs	V	TBA	6:00	
10/24	Thurs	Girls' Volleyball	CIF Playoffs	V	TBA	6:00	
10/26	Sat	Girls' Volleyball	CIF Playoffs	V	TBA	6:00	
10/30	Tues	Girls' Volleyball	CIF Playoffs	V	TBA	6:00	
CROSS COUNTRY							
8/31	Sat	Cross Country	Cow Invite	All	Cerritos	8:00	
9/6	Fri	Cross Country	Cool Breeze Invite	All	Rose Bowl	2:00	
9/20	Fri	Cross Country	Woodbridge Invite	All	Corona	2:00	
9/26	Thurs	Cross Country	SGVL Cluster	All	La Mirada	2:30	
10/4	Fri	Cross Country	Palos Verdes Invite	All	Palos Verdes	2:30	
10/9	Wed	Cross Country	Cerritos High School	All	Cerritos	3:00	
10/12	Sat	Cross Country	Bell Gardens Invite	All	Cerritos Park	8:00	
10/17	Thurs	Cross Country	SGVL Cluster	All	Cerritos Park	2:30	
10/26	Sat	Cross Country	Mt. Sac Invite	All	Mt. Sac	8:00	
11/1	Fri	Cross Country	Apache Invite	All	Legg Lake	2:00	
11/6	Wed	Cross Country	SGVL Finals	All	La Mirada	2:00	
11/15	Fri	Cross Country	CIF Prelims	All	Riverside Course	2:00	
11/16	Sat	Cross Country	CIF Prelims	All	Riverside Course	8:00	
11/23	Sat	Cross Country	CIF Finals	All	Riverside Course	8:00	